

Equipment for physical education classes:

It is compulsory to always have exercise equipment available for the gym and playground regardless of the weather conditions:

- For TV-gym shoes (with soles that do not leave lines), shoes for the outdoor playground, spare socks, T-shirt, shorts, long sports pants/leggings (shorts, sweatpants), thin sports jacket (or sweatshirt), towel, shower gel (if desired)
- Swimsuit (one-piece recommended for girls) and the aforementioned towel and shower gel. There will always be TV gear in case you can't swim.
- The above items for changing clothes are to be stored in the classroom locker room in a breathable container, or wet, sweaty and excessively soiled items are to be taken home to be washed and brought back to school clean.

For swimming we recommend (not compulsory): swimming goggles, non-slip slippers, swimming cap.

Store valuables and excuse yourself from TV and swimming lessons:

- Cell phones and valuables are to be turned in by practicing and non-practicing students to the storage room in the TV room prior to TV and swim lessons!
- Excuses for TV and swimming lessons should always be submitted electronically to Edookit by 7:55 a.m. on the day of the lesson
- Longer excuses to TV-will be required by a physician

(excused from TV for e.g. 1 month or more)

Thank you for your cooperation

physical education teacher

(translated with DeepL.com)